



Parent Information and How You Can Support Your Child's Training

- Make sure your children attend class on a regular basis - at least two times a week.
- Give them that extra push sometimes to come to class. It is very normal for them to get involved in playing and not want to come at times. Once they are here they have forgotten all about playing and are enjoying themselves.
- It is natural for students to experience some highs and lows in their training. Remember that all children have different abilities and learn at different speeds. When new material is presented, they may appear to have difficulty remembering. If your child seems a little discouraged, try to be patient with them. They are being taught perseverance. As a parent, praise them when they do well and don't put too much emphasis on their not understanding something. We are aware of what they do and do not know and we will help them. You can also encourage them to practice at home.
- If your child wants to show you the material they have learned, watch them. They may not always be in the mood to show you when you ask them, so be ready to praise them when the opportunity arises.
- Don't say anything negative in front of them about their performance. Too many negative comments produce a negative attitude and low self-esteem. Positive comments will help them perform better and feel good about themselves.
- If you are concerned about your child's progress, please schedule a time to talk with Mr. Do. Since all of our classes are scheduled back to back with no break, parent conferences are not possible during class times or in between classes. Our focus is on teaching your child and discussions about your child takes class time away from other students. If there is a reason your child may come to class in a bad mood or feeling down, like a death in the family or loss of a pet, let us know. We certainly don't want to discipline your child (like giving them push ups) for not answering up or not paying attention if they have a good reason for their behavior.
- Children learn a lot by watching you and your reactions to different situations. You can spend some wonderful quality time with your child in class. ***Have you ever considered starting martial arts?*** There are numerous families at Irvine ATA Black Belt Academy that train together. It's great exercise, a super stress reliever, and you'll enjoy a positive shared learning experience with your child.