















Please attend your assigned classes – Schedule as of January 2010

Tiny Tigers Age 3-7

Karate for Kids Age 7-12

Black Belt Club Camo Belt & above

Leadership, Taking it to the Next Level

Monday	3:00 to 3:40 Basic White to Yellow K 4 K	3:40 to 4:20 BBC Camo to Red	4:20 to 5:00 BBC Rec Black to Black & Leadership	5:00 to 5:50 Leadership Class	5:50 to 6:20 BBC 	6:20 to 6:50 Basic 	6:50 to 7:30 BBC Family Class	7:30- 8:15 Teen to Adults
Tuesday	Private Lesson Available	3:30 to 4:00 Basic  Age 3 & 4	4:00 to 4:30 Basic  Age 5-7	4:30 to 5:20 Leadership Class	5:30 to 6:10 Basic/BBC White To Blue	6:10 to 6:50 BBC Camo To Blue	6:50 to 7:30 BBC Brown To Black	7:30- 8:30 MMA Basics
Wednesday	3:00 to 3:40 Basic White to Yellow K 4 K	3:40 to 4:20 BBC Camo to Red	4:20 to 5:00 BBC Rec Black to Black & Leadership	5:00 to 5:50 Leadership Class	5:50 to 6:20 BBC 	6:20 to 6:50 Basic 	6:50 to 7:30 BBC Family Class	7:30- 8:15 Teen to Adults
Thursday	Private Lesson Available	3:30 to 4:00 Basic  Age 3 & 4	4:00 to 4:30 Basic  Age 5-7	4:30 to 5:20 Leadership Class	5:30 to 6:10 Basic/BBC White To Blue	6:10 to 6:50 BBC Camo To Blue	6:50 to 7:30 BBC Brown To Black	7:30- 8:30 MMA Basics
Friday	3:20 to 4:00 Basic White to Yellow K 4 K	4:00 to 4:30 Basic 	4:30 to 5:15 BBC  Sparring	5:15 to 6:00 Leadership BBC SPARRING Age 8 +	6:00 to 6:30 Leadership Competition Class	6:30 to 7:00 XMA Leadership	7:00 to 8:00 MMA Basics	
Saturday		9:50 to 10:20 Basic 	10:20 to 10:50 BBC 	10:50am to 11:30am Kids all Belts	11:30am to 12:10pm Adult, Family and Leadership	1:00pm Birthday Party Available	3:00 pm Birthday Party Available	5:00 pm Birthday Party Available